

# MISSION SOCCER CLUB



## MINI U8 to U10 Development

SPRING 2018



### PROGRAM OVERVIEW

Aligned to the CSA Long Term Player Development guidelines for Fundamentals (U6 to U9) and Learn to Train (U9 to U12), the Spring 2018 Development Program is designed for U8 to U10 Players who demonstrate above average athleticism, technical and game awareness skills combined with a commitment to the game.

**MINI U8 to U10 Development** players shall continue to play with their assigned recreational teams which includes one (1) training session + one (1) game per week. In addition, players will train on Friday evenings focusing on enhanced age specific training elements. Game awareness situations will be introduced through Small Sided Games during training and league games against like-minded teams from other Clubs located in throughout Alouette and Fraser Valley District Youth Soccer Associations.

Program content will be delivered by assigned team Head Development Coaches supported by on-site Club's Staff Coaches. There is no additional fee for this program. See below for program details.

### PROGRAM DETAILS

<b>Program Window</b>	April 2018 to June 2018
<b>Program Length</b>	12 weeks
<b>Program Sessions</b>	10 to 12 Training Sessions + 6 to 8 Games
<b>Program Days</b>	Training Day – Friday Game Days – program schedule will be communicated
<b>Program Start Date</b>	Training - April 6 <sup>th</sup> Games – to be determined
<b>Program Session Length</b>	Training – 1.25 / Games – Maximum 50 minutes (2 x 25 minutes)
<b>Program Start Times</b>	Training – 5:45 PM / Games – Varies (10:00 AM to 3:00 PM)
<b>Program Location</b>	Mission Sports Park & Local Schools + Other Club Fields
<b>Program Fee</b>	A nominal program fee is currently under review and will be communicated in March 2018. This fee will cover incremental Club resources such as referees, Club Staff Coaches and field rentals.
<b>Program Uniforms</b>	Players are to wear their assigned uniforms.
<b>Program Players Equipment</b>	Mandatory requirement – all players are required to wear shin guards Safety requirement – highly recommended that all players wear soccer boots

